



1
00:00:11,190 --> 00:00:09,750
station this is rob navies with nasa

2
00:00:15,270 --> 00:00:11,200
public affairs of mission control

3
00:00:20,150 --> 00:00:18,470
we get you uh loud and clear rob

4
00:00:22,310 --> 00:00:20,160
well it's great to see you guys it's

5
00:00:24,230 --> 00:00:22,320
just been a few days since launch but

6
00:00:26,870 --> 00:00:24,240
you're looking hail and hardy let me

7
00:00:28,630 --> 00:00:26,880
start off uh with a question to scott

8
00:00:30,870 --> 00:00:28,640
you and mikhail are settling into your

9
00:00:33,030 --> 00:00:30,880
home on orbit for the next year how have

10
00:00:34,630 --> 00:00:33,040
the first few days gone and has the

11
00:00:37,030 --> 00:00:34,640
reality of the year-long mission at

12
00:00:42,630 --> 00:00:37,040
sheer duration and the workload ahead

13
00:00:49,110 --> 00:00:45,910

well uh you know speaking for myself um

14

00:00:52,549 --> 00:00:49,120

the uh ride to orbit was uh

15

00:00:55,029 --> 00:00:52,559

impressive as as it always is um

16

00:00:59,349 --> 00:00:55,039

you know the docking on the first uh

17

00:01:00,470 --> 00:00:59,359

launch day is is a really uh a great

18

00:01:02,229 --> 00:01:00,480

thing i think

19

00:01:03,029 --> 00:01:02,239

there's a lot of advantages to doing

20

00:01:05,270 --> 00:01:03,039

that

21

00:01:07,670 --> 00:01:05,280

um but once i got on the onboard the

22

00:01:10,149 --> 00:01:07,680

space station it really felt like um you

23

00:01:13,590 --> 00:01:10,159

know i was visiting an old home felt

24

00:01:16,630 --> 00:01:14,390

but

25

00:01:18,950 --> 00:01:16,640

there is a lot of work to be done here

26

00:01:20,550 --> 00:01:18,960

and uh you know the pace of work at

27

00:01:22,630 --> 00:01:20,560

times can be hectic

28

00:01:26,230 --> 00:01:22,640

uh just the things we need to do to get

29

00:01:28,630 --> 00:01:26,240

uh you know to get moved in is it's

30

00:01:31,030 --> 00:01:28,640

really a busy time so even though we got

31

00:01:33,109 --> 00:01:31,040

here i think on uh it's kind of is all

32

00:01:34,550 --> 00:01:33,119

kinds of even a little bit fuzzy but on

33

00:01:36,069 --> 00:01:34,560

saturday morning

34

00:01:37,830 --> 00:01:36,079

basically we're supposed to have the

35

00:01:40,789 --> 00:01:37,840

weekend off but we really spent those

36

00:01:46,230 --> 00:01:40,799

two days moving in so uh you know we've

37

00:01:49,830 --> 00:01:48,230

mikhail there is particular interest in

38

00:01:51,990 --> 00:01:49,840

how you and scott will handle the

39

00:01:54,789 --> 00:01:52,000

psychological grind of spending a year

40

00:01:56,630 --> 00:01:54,799

in space are there any specific methods

41

00:01:58,950 --> 00:01:56,640

the two of you plan to use to maintain

42

00:02:00,789 --> 00:01:58,960

an even temperament or will the busy

43

00:02:03,030 --> 00:02:00,799

workload of four space station

44

00:02:16,949 --> 00:02:03,040

expeditions be enough to keep your mind

45

00:02:23,830 --> 00:02:20,630

a little slower here but as far as our

46

00:02:26,790 --> 00:02:23,840

psychological compatibility we have been

47

00:02:28,949 --> 00:02:26,800

working really hard on the ground to

48

00:02:31,110 --> 00:02:28,959

work that out and we have

49

00:02:34,229 --> 00:02:31,120

lots and lots of support and our

50

00:02:35,509 --> 00:02:34,239

psychological success is a given i'm

51

00:02:38,550 --> 00:02:35,519

very sure

52

00:02:41,949 --> 00:02:38,560

about our success and i'm sure that we

53

00:02:44,869 --> 00:02:41,959

will not have even a modicum of any

54

00:02:48,390 --> 00:02:44,879

psychological issues and the guys who

55

00:02:50,070 --> 00:02:48,400

will be coming up to see us are also

56

00:02:54,309 --> 00:02:50,080

excellent people there will be no

57

00:02:58,630 --> 00:02:56,390

scott along those same lines in less

58

00:03:00,309 --> 00:02:58,640

than two weeks a spacex dragon cargo

59

00:03:02,630 --> 00:03:00,319

craft will be coming your way and the

60

00:03:03,990 --> 00:03:02,640

first of a long list of key operational

61

00:03:05,670 --> 00:03:04,000

events for you and your crewmates

62

00:03:08,070 --> 00:03:05,680

throughout this long mission

63

00:03:10,229 --> 00:03:08,080

is this the variety and pace of work

64

00:03:12,309 --> 00:03:10,239

that will keep you focused or will it be

65

00:03:13,990 --> 00:03:12,319

necessary to tune out from time to time

66

00:03:15,990 --> 00:03:14,000

like any of us have to do over the

67

00:03:21,430 --> 00:03:16,000

course of a year to maintain a healthy

68

00:03:25,990 --> 00:03:23,270

well right now i'm just kind of taking a

69

00:03:27,110 --> 00:03:26,000

date day by day and i think

70

00:03:27,990 --> 00:03:27,120

you know

71

00:03:34,070 --> 00:03:28,000

i

72

00:03:36,309 --> 00:03:34,080

major event

73

00:03:37,990 --> 00:03:36,319

but uh you know i'm not thinking about

74

00:03:39,350 --> 00:03:38,000

this in

75

00:03:40,869 --> 00:03:39,360

in this

76

00:03:42,949 --> 00:03:40,879

in the manner that

77

00:03:44,949 --> 00:03:42,959

you know i'm like you know planning for

78

00:03:46,470 --> 00:03:44,959

all the different major activities that

79

00:03:47,430 --> 00:03:46,480

are kind of come along i'm just kind of

80

00:03:50,470 --> 00:03:47,440

trying to

81

00:03:53,670 --> 00:03:50,480

take it day by day pace myself and

82

00:03:55,589 --> 00:03:53,680

absolutely um you know

83

00:03:57,030 --> 00:03:55,599

you know working at a

84

00:03:58,789 --> 00:03:57,040

maybe a little bit slower pace than i

85

00:04:01,350 --> 00:03:58,799

did last time will be important keeping

86

00:04:02,789 --> 00:04:01,360

my you know energy level up so i have

87

00:04:05,030 --> 00:04:02,799

you know the appropriate reserves to

88

00:04:08,390 --> 00:04:05,040

deal with all these different uh

89

00:04:10,390 --> 00:04:08,400

you know major activities moving the pmm

90

00:04:12,070 --> 00:04:10,400

all the visiting vehicles some space

91

00:04:13,830 --> 00:04:12,080

walks

92

00:04:15,910 --> 00:04:13,840

you know keeping a high enough energy

93

00:04:18,069 --> 00:04:15,920

level to do that and then you know

94

00:04:19,909 --> 00:04:18,079

respond if uh you know something happens

95

00:04:22,069 --> 00:04:19,919

that we have to uh you know work through

96

00:04:25,110 --> 00:04:22,079

the night or you know respond to some

97

00:04:26,870 --> 00:04:25,120

kind of an emergency situation so

98

00:04:29,350 --> 00:04:26,880

you know i think a good life work

99

00:04:31,030 --> 00:04:29,360

balance is important and that's you know

100

00:04:34,790 --> 00:04:31,040

i think even more important in some

101
00:04:38,790 --> 00:04:36,870
and finally for both of you i'm struck

102
00:04:40,550 --> 00:04:38,800
by the variety of key anniversaries

103
00:04:41,590 --> 00:04:40,560
coming up that you'll be celebrating in

104
00:04:43,189 --> 00:04:41,600
orbit

105
00:04:45,270 --> 00:04:43,199
in the next few weeks the 54th

106
00:04:47,670 --> 00:04:45,280
anniversary of yuri gagarin's historic

107
00:04:50,390 --> 00:04:47,680
flight the 40th anniversary of apollo

108
00:04:51,990 --> 00:04:50,400
soyuz in july and in november the 15th

109
00:04:54,629 --> 00:04:52,000
anniversary of a permanent human

110
00:04:56,710 --> 00:04:54,639
occupancy on the station can each of you

111
00:04:58,550 --> 00:04:56,720
discuss how fitting it is that an

112
00:05:00,790 --> 00:04:58,560
american and a russian are together in

113
00:05:03,350 --> 00:05:00,800

space for a year conducting vital

114

00:05:04,790 --> 00:05:03,360

research for future exploration perhaps

115

00:05:08,469 --> 00:05:04,800

something that would have been unheard

116

00:05:14,150 --> 00:05:10,790

well i think when you're somewhere for

117

00:05:15,830 --> 00:05:14,160

nearly a year you'll experience nearly

118

00:05:16,790 --> 00:05:15,840

all the anniversaries

119

00:05:18,550 --> 00:05:16,800

um

120

00:05:20,150 --> 00:05:18,560

you know some of those are significant

121

00:05:22,950 --> 00:05:20,160

uh you know

122

00:05:25,029 --> 00:05:22,960

apollo uh soyuz and the

123

00:05:27,749 --> 00:05:25,039

and the anniversary of the you know

124

00:05:29,029 --> 00:05:27,759

permanent presence on the space station

125

00:05:30,390 --> 00:05:29,039

and uh

126

00:05:33,350 --> 00:05:30,400

so i get i guess it is somewhat

127

00:05:35,510 --> 00:05:33,360

interesting that you know we're spending

128

00:05:36,950 --> 00:05:35,520

such a long time up here

129

00:05:38,469 --> 00:05:36,960

and it's uh

130

00:05:40,390 --> 00:05:38,479

also at the same time of these

131

00:05:43,029 --> 00:05:40,400

significant anniversaries

132

00:05:44,790 --> 00:05:43,039

i think what's even more important is

133

00:05:46,310 --> 00:05:44,800

you know we we have this international

134

00:05:47,270 --> 00:05:46,320

partnership this international space

135

00:05:49,189 --> 00:05:47,280

station

136

00:05:51,749 --> 00:05:49,199

and uh you know we're all doing great

137

00:05:54,070 --> 00:05:51,759

work up here we're one big team

138

00:05:57,110 --> 00:05:54,080

you know our expedition

139

00:05:58,710 --> 00:05:57,120

43 crew members um you know it's more

140

00:06:00,230 --> 00:05:58,720

than just misha and i

141

00:06:02,309 --> 00:06:00,240

and uh you know the international

142

00:06:04,550 --> 00:06:02,319

partnership in my mind is one of the

143

00:06:11,110 --> 00:06:04,560

things one of the the high points of

144

00:06:16,550 --> 00:06:14,070

i think that we are really lucky myself

145

00:06:17,990 --> 00:06:16,560

and scott in spite of the fact that this

146

00:06:20,070 --> 00:06:18,000

is hard work

147

00:06:20,950 --> 00:06:20,080

it's going to be tough but we are really

148

00:06:22,710 --> 00:06:20,960

lucky

149

00:06:25,110 --> 00:06:22,720

because we

150

00:06:27,670 --> 00:06:25,120

will be able to celebrate so many

151
00:06:30,469 --> 00:06:27,680
different anniversaries while being up

152
00:06:33,590 --> 00:06:30,479
in space and we will be celebrating

153
00:06:36,390 --> 00:06:33,600
those holidays it's very symbolic that

154
00:06:38,710 --> 00:06:36,400
prior to soyuz apollo

155
00:06:40,550 --> 00:06:38,720
and during this flight

156
00:06:42,550 --> 00:06:40,560
we had

157
00:06:45,270 --> 00:06:42,560
cooperation between americans and the

158
00:06:48,309 --> 00:06:45,280
russians and we continued this with

159
00:06:53,430 --> 00:06:48,319
doing same work together on board of the

160
00:06:57,830 --> 00:06:55,589
thank you very much uh both of you scott

161
00:06:59,909 --> 00:06:57,840
and mikhail uh we appreciate your time

162
00:07:05,110 --> 00:06:59,919
today uh we wish you all the best of

163
00:07:09,670 --> 00:07:07,110

well thank you rob appreciate your time

164

00:07:10,710 --> 00:07:09,680

and appreciate talking to all the folks

165

00:07:11,510 --> 00:07:10,720

out there

166

00:07:13,110 --> 00:07:11,520

that

167

00:07:16,390 --> 00:07:13,120

you know following the great work we do

168

00:07:18,870 --> 00:07:16,400

onboard the space station

169

00:07:22,790 --> 00:07:18,880

station this is houston acr

170

00:07:24,550 --> 00:07:22,800

thank you that concludes our event

171

00:07:26,950 --> 00:07:24,560

thank you nasa public affairs and

172

00:07:29,270 --> 00:07:26,960

expedition 43 flight engineers scott

173

00:07:31,430 --> 00:07:29,280

kelly and mikhail kornienko